



# MENU

WWW.EATOUK.COM

108 HIGH ROAD - CHADWELL HEATH - LONDON

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## BURGERS

(6oz beef or lamb patty, grilled chicken breast or homemade vegan patty. Choose from plain or sesame seed creamy brioche buns. Coloured buns available at additional cost.

### CHEESY CLASSIC

£6.95

Cheese, onions, gherkins, tomato, lettuce, ketchup & mustard

### SMOKEY BBQ

£7.95

Barbecue sauce, lettuce, onions, tomato, cheddar cheese & roasted peppers

### EATO TOWER

£11.95

Two patties, beef rashers, monterey jack cheddar, tomato, onion rings, fried egg, gherkins, hash brown, Eato sauce.

### MEXICAN SALSA

£7.95

Jalapenos, chilli cheese, spicy tomato salsa, pepperoni, lettuce & sour cream

### SWISS STAR

£7.95

Portobello mushrooms, mushroom sauce with caramelised onions & swiss cheese

### EATO SIGNATURE

£8.95

Eato special sweet and sour chutney, lettuce, onion rings, and Eato sauce. served with pink seeded bun!

### CLASSIC CHICKEN

£6.95

Cheese, mayo, red onions & lettuce topped with peri peri glaze (choices of flavour)

### EATO FISH

£8.95

Salmon fillet, special tarter sauce, wild rocket and cucumber dill

### CHICKEN BUTTERMILK

£7.95

Grilled then coated with fresh bread crumbs, Eato sauce, lettuce and cheese, served with our blue vegan bun!

### VEGAN CLASSIC

£6.95

Homemade vegan patty topped with lettuce, tomato, grilled mushrooms, onions, tomato with Eato sauce served with coloured vegan bun

Create your own or just add, £1 per topping

Pineapple, Halloumi, Hash Brown, Onion Rings, Turkey Rasher, Chilli cheese, Cheddar Cheese, American Cheese, Grilled Mushrooms, Habanero Jam, Chilli Chutney, Eato Sauce, Nachos, Fried Egg, Cream Cheese, Dill Pickle, Jalapenos, Spicy Tomatoes, Caramelised Onions,

## CHICKEN

QUARTER CHICKEN £4.49

HALF CHICKEN £6.95

WHOLE CHICKEN £11.95

### WINGS

3PC - £3.95 6PC - £6.95

### STRIPS

5PC - £4.95 10PC - £7.95

### STICKY/BUFFALO WINGS

5PC - £4.45 10PC - £7.45

### CHICKEN STEAK

£11.95

## MAKE IT A MEAL

ADD A STANDARD SIDE AND A SOFT DRINK FOR £2.95 OR PREMIUM SIDE AND A SOFT DRINK FOR £3.95

### PLATTER FOR 2

£20.95

Half Chicken, 4 x Wings 2 x Lamb Chops  
2 x Standard Sides

### PLATTER FOR 4

£39.95

Whole Chicken  
8 x Wings 4 x Lamb Chops 4 x Standard Sides

### CHICKEN PLATTER

£31.95

2 x Whole Chicken 2 x Standard Sides  
2 x Premium Sides

## CHOOSE YOUR FLAVOUR

LEMON & HERB

MANGO CHILLI

PERI PERI MILD

PERI PERI MED

PERI PERI HOT

SMOKED BARBECUE



## HOT DOGS

<b>CLASSIC</b>	<b>£5.95</b>
Fried onions, ketchup and mustard	
<b>EATO SIGNATURE</b>	<b>£6.95</b>
Eato special chutney, fried onions and mustard	
<b>CHEESY DOG</b>	<b>£6.95</b>
Sausage and bun grilled with cheese topped with spring onions and mustard	

## MEAT

<b>EATO CHOPS</b>	<b>£9.95</b>
4 Grilled lamb chops with Eato special citrus infused marinade.	
<b>EATO RIBS</b>	<b>£8.95</b>
Grilled ribs with Eato special citrus infused marinade	
<b>EATO STEAK</b>	<b>£14.95</b>
10 Oz Juicy grilled sirloin steak, choose from Eato spicy chilli sauce or creamy mushroom Sauce	

## FISH

<b>SALMON</b>	<b>£11.95</b>
Grilled salmon fillet braised in our luxury silky cream lemon garlic sauce	
<b>SEA BASS</b>	<b>£11.95</b>
Grilled sea bass fillet infused with sizzled ginger, chilli, lemon and spring onions	
<b>KING PRAWNS</b>	<b>£14.95</b>
Tender grilled king prawns marinated with lemon and chilli with garlic butter sauce	

## MAKE IT A MEAL

ADD A STANDARD SIDE AND A SOFT DRINK FOR £2.95 OR PREMIUM SIDE AND A SOFT DRINK FOR £3.95

## KIDS

Served with fries and a fruit drink

<b>CHEESE BURGER</b>	<b>£6.95</b>	<b>CHICKEN BURGER</b>	<b>£6.95</b>
American cheese, onions, tomato, lettuce, ketchup and mustard		Lettuce, mayo and Eato sauce	
<b>VEG BURGER</b>	<b>£6.95</b>	<b>CHICKEN WINGS</b>	<b>£6.95</b>
Lettuce, mayo, onions, ketchup and tomato		Three pieces of grilled wings	

## WRAPS, PITTA & SALADS

<b>CLASSIC WRAP/PITTA</b>	<b>£5.95</b>	<b>EATO SKEWERS</b>	<b>£5.95</b>
Ketchup and mustard - Chicken or Veg £4.95		Green peppers, red onions, tomato drizzled with fresh lemon - Chicken or Veg £4.95	
<b>EATO SIGNATURE WRAP/PITTA</b>	<b>£6.95</b>	<b>EATO PASTA SALAD</b>	<b>£5.95</b>
Lettuce, spring onions and Eato special chutney - Chicken or Veg £5.95		Chopped pasta salad with feta cheese, cherry tomato, parsley, chickpeas and cucumber	
<b>EATO SIGNATURE SALAD</b>	<b>£6.95</b>	<b>MIXED SEASONAL SALAD</b>	<b>£4.95</b>
Grilled chicken pieces with dressed leaves and avocado - Chicken or Veg £5.95		Fresh seasonal mixed greens with mixture of usual favourites. Choice of dressings	



## SIDES

### Standard Sides £2.95

HOMEMADE FRIES  
CURLY FRIES  
ONION RINGS  
WEDGES  
CORN ON THE COB  
NACHOS  
HALLOUMI FRIES  
STEAMED CABBAGE

COLESLAW  
CREAMY MASH  
EATO RICE  
GARLIC BREAD  
SIDE SALAD  
OLIVES  
HUMMUS  
GREEN BEANS

### Premium Sides £3.95

EATO SWEET CHILLI FRIES  
MAC & CHEESE FRIES  
SWEET POTATO FRIES  
BOILED NEW POTATOES  
SEASONAL GRILLED VEGETABLES  
GARLIC MUSHROOMS  
CREAM CHEESE STUFFED JALAPENOS

## DRINKS

### Soft Drinks £1.95

COCA COLA  
DIET COKE  
FANTA  
SPRITE  
MIRINDA STRAWBERRY  
7UP LIGHT  
MIRINDA ORANGE

STILL MINERAL WATER  
SPARKLING MINIREL WATER  
ORANGE JUICE  
APPLE JUICE  
RED BULL - £2.45  
FREEZE - £2.45  
J20 - £2.45

### Milkshake £2.95 Bar Shakes £4.95

VANILLA	MALTESERS
STRAWBERRY	FLAKE
CHOCOLATE	OREO
BANANA	FERRERO ROCHER
	KINDA BUENO

### Mocktails £4.95

STRAWBERRY MOJITO  
CLOUDY LIME BURST  
APPLE AND MANGO  
BERRY CRUSH  
VIRGIN PINA COLADA  
STRAWBERRY DAIQUIRI

### Hot Drinks £1.95

TEA  
GREEN TEA  
MINT TEA  
COFFEE  
CAPPUCCINO  
MOCHA  
ESPRESSO  
HOT CHOCOLATE

### Kids £1.45

FRUIT SHOOT  
RIBENA

## DESSERTS

### STICKY TOFFEE PUDDING

£5.95

Traditional homemade toffee pudding with sticky toffee sauce and vanilla ice cream

### STRAWBERRY CHEESECAKE

£5.95

Traditional homemade toffee pudding with fresh homemade strawberry cheesecake topped with Eato exclusive strawberry sauce

### APPLE & MIX BERRY CRUMBLE

£5.95

Layer of juicy apples and berries topped with crispy crumble and served with vanilla ice cream

### CARAMEL TART

£5.95

Homemade shortbread tart filled with rich caramel and served with vanilla custard